



Nutrition & Physical Activity Report Card 2019-2020

The Hancock County Schools Food Service Team is determined to meet the needs of all our children through as mean feeding opportunities, both on-site and off-site. The COVID19 Pandemic did not hinder those efforts as we continued to find new ways to feed all of our county's children.

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Annual NSLP Statistics 18-19

No. of Schools Participating	4
Total Lunches Served	191,868
Average Daily Participation	1,103
No. of Students Approved for Free Meals	798
No. of Students Approved for Reduced-Price Meals	113

Student Lunch Prices 19-20

Elementary Schools	\$2.10
Middle School	\$2.10
High School	\$2.35
Reduced Price-All	\$0.40
Adults/Visitors-All	\$3.00

At-Risk Supper Meal Program

Hancock County Schools began serving At-Risk Supper meals in our elementary schools through the Child and Adult Food Care Food Program in the Fall of 2018. As we increased our focus to get meals in the hands of those who do not have food in their homes, we expanded the program to include Hancock County Middle School. After serving there in the Fall of 2019, we realized our high school students were participating in the program at HCMS in increasing numbers. In January of 2019, we were able to staff the feeding program for the students at Hancock County High. Participation remained steady at HCMS and HCHS despite the increase in feeding sites.

Our tutoring and ESS programs provide a healthy number of students to sustain the programs at HCHS & HCMS in our efforts to meet the needs of all those who do not have access to food. Being such a small county, we have very limited resources for food after school and most of those sources do not provide good nutritional options.

In November of 2019, we expanded our supper program at South Hancock Elementary to more than just those in the 21st Century After School Program. Due to its proximity in the county, bus pick-up at SHES is several minutes after the instructional day is over. Some of our neediest students ride those buses, so opening it up to all our students in the classroom greatly increased participation and reduced area food insecurity.

Participation is Power!

Hancock County's meal participation reached new heights in 19-20. Our high school and middle school saw lunch participation sky-rocket to 74%, 26% higher than our F/R percentage. Our elementary schools saw breakfast and lunch participation soar to 66% and 85%, respectively in 19-20, where F/R percentages average 60%. Before COVID19, we were on track to exceed the past several years.

Annual SBP Statistics 18-19

No. of Schools Participating	4
Total Breakfasts Served	140,894
Average Daily Participation	810
Students Approved for Free Meals	798
Students Approved for Reduced-Price Meals	113

Student Breakfast Prices 19-20

All Schools	\$1.40
Reduced Price-All Schools	\$0.30
New Adults/Visitors-All	\$1.85

Nutrient Analysis

Averaged over the course of a week, lunch menus offered in our schools provide the following:

Component	Target (Grades 6-8)	Actual
Calories	600-700	684
Saturated Fat (g)	<10% of Total -Calories	0.0965%
Meat/Meat Alt. (oz. equivalent)	9-10 (1/day min.)	10
Grains (oz. eq.)	8-10 (1/day min.)	9
Fruits (cups)	2-1/2 cups (1/2 cup min./day)	2-1/2
Vegetables (cups)	3-3/4 cups (3/4 min./day)	4.5

New in 2019-20:

In 2019-20, HCS began feeding our infants and toddlers at the Hancock County Early Childhood Development Center operated by Audubon Area Community-Based Services through the Child and Adult Care Food Program. Each child received an age-appropriate breakfast, lunch and afternoon snack daily.

Coming in 2020-21:

In the 2020, we are expanding our SFSP to provide delivered meals to at least half of our students during the COVID19 pandemic. Once school resumes in August or September, we are developing contingency plans to provide food service while adhering to ever-changing safe food handling and consumption requirements.

Family Health Care Associates & Mountain Comprehensive Care will begin providing physical and mental health services in July of 2020. Hancock County Schools looks forward to making all aspects of wellness a priority in the coming months with support from these groups.

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Hancock County Wellness

Our Hancock County Schools District Wellness Committee conducted its triennial review. This group has reviewed our district policy and made recommendations. These findings and recommendations included the examination of nutrition education at the elementary level to promote healthy lifestyles and bridge the gap between classroom nutrition education and school food service. The DWC also challenged the high school to open the school to unorganized physical activities such as healthy student initiatives in addition to sports offerings. These activities could include incentives through various organizations or grants.

School Physical Activity & Wellness

Program / Activity	Elem.	Middle	High
Provide daily recess	Yes	Yes	No
Provide classroom physical activity integrated into each school day	Yes	Yes	40%
Provide intramural physical activity opportunities	Yes	Yes	Yes
Offer facilities to families/ community members for physical activity opportunities	Yes	Yes	Yes

The data represented above is a summary from assessed physical activity in Hancock County Schools. In addition, certified physical education teachers offer classes to all our students on a rotational basis at all grade levels with the exception of Hancock County High. HCHS ninth graders are the only ones who currently have access to physical education.